

# Kathrin Baumeister

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I bring two worlds together: On the one hand the solution-oriented thinking of a business economist and project manager. And on the other hand the open and experimental approach of a Sinologist. Acknowledging complexity, whilst taking a steady approach is my renowned proceeding. My tools, methods and knowledge help to create structure and build courage. Respecting at all times the interplay between resources and potential.

I earned my coaching credentials at CoachInc, FL, US and I am an ICF Associate Certified Coach (ACC). And I continue to participate in CoachInc's Advanced Coaching Programmes.

I coach in both English (C2 level) and German. I would describe my coaching style as lively and goal-oriented.

**Clients:** People pursuing a career change | People in professional transition | Young professionals | High potentials | Solo entrepreneurs | Expatriates | Returning secondees

**Core Coaching Topics:** Finding your foundation | Resources and potential | Dealing with change and new challenges | Self-esteem | Self-awareness | Working in a pressured environment | Understanding self and others

**Certifications/Affiliations:** Master Degree in Sinology and Economic History LMU Munich, Germany | ICF Associate Certified Coach (ACC) | Member of ICF (Global and Germany) | Siemens AG Munich: Financial & Controlling Business Administration Degree | Certified SAP FICO Consultant

**Additional Activities:** LOGBOOK method for expatriates making experiences accessible and applicable | Sparring partner for young entrepreneurs

**Recent Coaching Cases:** Coaching of a manager in an electronics company on initiating his new position in China | Coaching a post-graduate transitioning from a role in R&D to a new field | Coaching a high-potential on self confidence and making the right decision | Coaching of a manager on work-life balance as a "working mum" | Coaching a manager on pursuing a career change and working towards promotion | Coaching of a post-graduate on time management and leading a team

**Recent Trainings:** "Living and Working Abroad Basics" for newly appointed expatriates in an electronics company | Workshop on "Personal Foundation" for HR managers within the automobile industry | Workshop on "Self-awareness" within the automobile industry



**“With Kathrin you have a strong champion at your side, someone to help give you a clear sense of direction on your professional journey.”**

(Manager, Automobile Industry)

**Competencies:** Solution-orientated | Empathic | Direct | Down-to-earth | Focused | Understanding of cultural diversity

**More about me:** Firstly I embarked on a traineeship and career at Siemens AG, HQ Munich and Siemens Ltd, Thailand. After that came China both in theory and practice: I studied Sinology and History at LMU Munich and lived in Shanghai, Beijing, Taipei and even braved the Chinese countryside for a time. Since 2008 I have been working for an IT consultancy firm on international projects. Firstly, as a SAP CO Consultant then in project management.

It was in 2012 that I decided to make a major move within my very own career: I decided to support others in working on their professional and personal development and certified as an ICF Associate Certified Coach (ACC).

My professional resume includes disruption and twists. I know about making a departure from an apparently safe career path. I am experienced in professional decision-making and walking the talk. Hence, when it comes to putting work plans into action and career development, my clients find me to be an excellent sparring partner.

My clients value my drive towards exploring their very own drivers, motivators and remaining roadblocks. I am also told that my style and openness helps people to lay all their cards on the table. And once every single one is out there, the sorting out and moving forward can start. These days a lot of my clients are high potentials with incredible potential that are just not quite at ease with making the right decision. They understandably need a safe and empowering place, so that they can work things through and come up with all the answers.

You will probably be quite taken aback by the passion I show for your professional and personal path. Ultimately - it's all about finding your way, the way that suits you.