

Claudia Goldhammer

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I am a Coach, Trainer and Consultant. 25 years experience in all areas of Human Resources, 16 years in leadership roles, of which 7 were at a top regional level (VP), have formed a strong basis for my coaching and consulting business.

I run tailor-made workshops and trainings on a variety of topics around leadership and communication that help my audiences grow and develop. I earned my coaching credentials (CEG) at CoachInc, FL, US, and continue to participate in CoachInc's Advanced Corporate Coaching Programmes.

I coach in both English (C2 level) and German and relish the uniqueness of cultural diversity in my clients and the companies I work with.

Clients: Executives and leaders (all management levels) | Entrepreneurs | Women in Leadership

Core Coaching Topics: Conflicts and tension in international organisations | Remote management (leading and being led from a distance) | Finding your feet in management | Dealing with change and new challenges | Coaching with **profilingvalues®** | Coaching of teams with **INSIGHTS MDI®** (knowing yourself and others)

Certifications/Affiliations: Business degree from VWA Frankfurt and Munich, Germany | Core Essentials Graduate (CEG), Coach U | Member of ICF (Global and Germany) | Member of Munich HR Roundtable | Accredited for **INSIGHTS MDI®**, **profilingvalues®** and **PCSI®**

Additional Activities: Team development | Management workshops and trainings | Sparring partner for HR leaders

Recent Coaching Cases: Coaching of Director in media company around initiating professional change | Coaching of recently appointed manager in media company with the aim of finding her feet in new role | Coaching of EMEA Programme Manager in a software company strengthening self-confidence and dealing with professional change | Coaching of Sales Manager in pharma company in order to improve management skills, manage remotely, increasing span of control

Recent Trainings: Management Basics ("From Peer to Boss") for newly appointed managers in services company | Communication Training for project leads at engineering services company | Management Basics for management team at engineering services company | Workshop "Difficult Conversations" for project managers at engineering services company | Positioning yourself in the labour market (mini outplacement) for print services company



“After a session with Claudia I always felt light and free – like after a workout – working with her pushed me forward professionally and personally.”

(Manager, Media Industry)

Competencies: Pragmatic | Empathetic | Direct | Down-to-earth | Deep understanding of business and leadership role through many years of experience working in North American companies and international teams | Experience with start-up companies | Understanding of cultural diversity

More about me: I discovered my affinity for the coaching profession through countless one-on-one situations with executives and managers whilst in my HR leadership role within international corporations. As I learned more about the coaching profession, I quickly discovered that there is so much more to coaching. I am a member of the International Coach Federation (ICF) and adhere strictly to their high standards of ethics and values.

My professional and life experiences form a part of who I am and how I coach – my clients value my passion for value-based leadership and my drive towards making workplaces better.

I am a reliable nurturer of contacts and maintain a solid network of coaches, HR consultants, executives and organisational development specialists. I believe in sharing information and knowledge with people I trust and value.

My typical clients are managers and executives from international organisations; in addition to my very goal-oriented and targeted coaching process they benefit from my previous experience in this environment.